

## MENTAL HEALTH RESOURCES

<i>Agency Name &amp; Address</i>	<i>Phone Number</i>	<i>Services Provided</i>	<i>Eligibility</i>	<i>Restrictions</i>	<i>Cost</i>
<b>Arizona's Children Association</b> 2700 S. 8 <sup>th</sup> Ave. Tucson, AZ 85713  <a href="http://www.arizonaschildren.org">www.arizonaschildren.org</a>	Phone: (520) 622-7611	Provides intensive, short term, in-home, or in-office therapy for families and children troubled w/behavioral disorders. Includes problems w/violence, substance abuse, sexual abuse, learning disabilities, and severe emotional problems.	Children w/behavioral disorders including substance abuse.	None.	None.
<b>Behavioral Awareness Center</b> 2002 W. Anklam Rd. Tucson, AZ 85745  <a href="http://www.bacmethadone.com">www.bacmethadone.com</a>	Phone: (520) 629-9126 or 1-866-629-9126  Emergency: (520) 971-5671 (after hour emergencies, contact 911)	Provides low-cost behavioral services consisting of counseling and treatment that holistically address the physical, mental, and spiritual healing of adults and their families. Includes mental health and substance abuse treatment, and supportive services.	People who have substance abuse addictions.	English only.	Varies.
<b>Casa de Vida Residential Treatment (at La Frontera)</b> 1900 W. Speedway Blvd. Tucson, AZ 85745  <a href="http://www.lafrontera.org">www.lafrontera.org</a>	Call for intake: (520) 792-0591, (520) 884-9920	Residential substance abuse treatment center for 6-9 months. Counseling services, life skills, job education, aftercare groups, also have a methadone treatment center.	Need to be a current and active LFC member w/a case manager.	AHCCCS/English only.	AHCCCS only.
<b>CODAC Behavioral Health</b> (Several locations in Pima Co.)  <a href="http://www.codac.org">www.codac.org</a>	(520) 327-4505 (general information) Las Amigas (520) 882-5898 Methadone (520) 202-1786 Safety Zone (520) 202-1950	Various counseling groups & individual therapy for substance abuse. Groups consist of recovery, anger management, drug education, and relapse prevention. Also an after hours drop in center for CODAC Members to receive additional support.	Adults. Las Amigas & MCAS are for pregnant & postpartum women only.	Women w/children or pregnant only.	Varies.
<b>Compass Health Care</b> 2475 N. Jackrabbit Ave. Tucson, AZ 85745  <a href="mailto:infochc@compasshc.org">infochc@compasshc.org</a> <a href="http://www.compasshc.org">www.compasshc.org</a>	Phone: (520) 882-5608	Varies programs all intake through main office. Counseling services for juveniles and adults. CAST (clean and sober theatre) acting company comprised of teens that are in recovery from substance abuse or suffer from a family member using.	Call for intake.	None.	Sliding scale or free (varies).

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		Compass has intensive outpatient services, detox, and rehab for 30-90 days. Las Mariposas outpatient tx for 12-17 youth. Vida Serena is for men and women and they have short term or long term residential.			
<b>COPE Behavioral Health Services</b> 82 S. Stone Avenue Tucson, AZ 85701  <a href="http://www.copebhs.com/">www.copebhs.com/</a>	Phone: (520)792-3293 or (520) 205-4732	Outpatient and residential Services are available to assist adults with serious mental illness, general mental health, and/or substance abuse issues to achieve their highest level of functioning. Health promotion and recovery support.	Intake process.	Call for more information.	AHCCCS, sliding scale if other insurance, financial specialist assist with eligibility.
<b>Gospel Rescue Mission</b> Bethany House Women's and Children's Center 1130 W. Miracle Mile Tucson, AZ 85705  <a href="http://www.grmtucson.com/">www.grmtucson.com/</a>	Phone: (520) 740-1501	Meals, shelter, clothing, showers, personal care items, case management, chapel services, spiritual counseling. Women can stay for up to 4 days, but also have an extended shelter program for up to 90 days for women and children.	Call for more information.	Boys over 14 not able to go. Men in a different location from women.	Women have to call in and be screened over the phone and then make appointment for intake.  Free.
<b>Jewish Family &amp; Children's Services of Southern Arizona</b> 4301 E. 5 <sup>th</sup> St. Tucson, AZ 85711  <a href="mailto:jfcsinfo@jfcstucson.org">jfcsinfo@jfcstucson.org</a> <a href="http://www.jfcstucson.org">www.jfcstucson.org</a>	Phone: (520) 795-0300  Fax: (520) 795-8206	DUI Education and counseling provides comprehensive overview of current substance abuse issues and education to help individuals identify and prevent risk-taking or negative outcomes. Also provides information and referrals.	Call for intake. Adults w/problems w/substance abuse. Accepts court mandated & self referral.	English.	\$20.00 per group.
<b>The Haven</b> 2601 N. Campbell Ave., Ste. 110 Tucson, AZ 85719  <a href="http://www.thehaventucson.org">www.thehaventucson.org</a>	Phone: (520) 623-4590	Residential treatment center w/therapy, relapse prevention, living skills, and career development, family education, program for mothers and children, DUI classes, transitional assistance.	Women w/substance abuse problems - call for intake.	Women only.	Fixed.
<b>Mother's Oasis (at CODAC)</b> 1067 E. Silverlake Rd. Tucson, AZ 85713	Phone: (520) 202-1987	Provides free services to pregnant and postpartum mothers experiencing difficulties including anxiety and	Pregnant and Postpartum Women, Men	Women and men.	Call for more information.

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<a href="http://www.tucsonpostpartum.com">www.tucsonpostpartum.com</a>		depression. The program offers support, screening and intervention. Support groups and classes are also available.			
<b>Our Family Services</b> 3830 East Bellevue Street Tucson, AZ 85716  <a href="mailto:info@ourfamilyservices.org">info@ourfamilyservices.org</a> <a href="http://www.ourfamilyservices.org/programs.html">www.ourfamilyservices.org/programs.html</a>	Phone: (520) 327-4583  Fax: (520) 323-9077	Community mediation, counseling (individuals, couples, families), crisis counseling at home, in school, or at offices. Domestic violence groups for men, women, and children and anger-management therapy for children, teens, and adults.	Services mainly for perpetrators of DV. Couples counseling, family counseling, children's therapy also available.	Referrals from CPS, etc., sometimes are paid by referring agency.  Self-pay is \$15-25 for DV perpetrator groups.  Counseling self-pay is \$50-75 per session.  Fee reductions are available with proof of income.	
<b>Pantano Behavioral Health Services</b> 5055 E. Broadway Blvd., Ste. C-104 Tucson, AZ 85711  <a href="http://www.pantanobh.org/">www.pantanobh.org/</a>	Phone: (520) 623-9833	Child and Family Teams. Intensive in-home services. Comprehensive initial assessment. Individual, family, and group counseling. Behavioral management services. Substance abuse treatment. Case management. School - based counseling services. Psychiatric assessment and treatment. Residential treatment. Rural services. Therapeutic foster care.	Intake process.	Need to have AHCCCS.	AHCCCS.
<b>SAMHC (Southern AZ Mental Health Corporation)</b> 2502 N. Dodge Blvd., Ste. 190 Tucson, AZ 85716 (Enter on Flower Street)  <a href="http://www.samhc.com/">www.samhc.com/</a>	Phone: (520) 622-6000 or 1-800-796-6762	Mental Health Screening/Triage Crisis Assessment Crisis Intervention Crisis Follow-up Care Walk-in Crisis Center Crisis Telephone Services Crisis Beds for up to 72 hours Mobile Acute Crisis (MAC) Services Facilitation of Involuntary Hospitalization Consultation for Family, Caregivers, & Community Providers Community Services/Resources Referral Individual/Family Crisis Counseling	Low income, AHCCCS, and Crisis.	SAMHC exclusively provides crisis services and does not offer on-going mental health care.	AHCCCS and sliding scale.

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		Community Intervention Requests Support and Reassurance			