

2013

Gila County Home Visitation
Program

[MATERNAL, INFANT AND CHILD SERVICES PROVIDED BY THE GILA COUNTY HEALTH DEPARTMENT]

These are services that directly and indirectly affect children ages 0-5 years old

The Gila County Division of Health and Emergency Services mission is to continually assess the needs of the community while providing the highest level of quality services with integrity, respect, and support for coworkers, partners, and those we serve. The Division continues to strive for education, advocacy, and improvement in the public health and safety in Gila County. To fulfill the mission and the goals specific to the children in our community the Gila County Health Department focuses efforts in a variety of areas. The following are services provided by the Gila County Health Department with benefiting children 0-5 years old at the forefront of the efforts.

Services provided by Gila County Division of Health to Children 0-5 include:

Health Start

Health Start is a home visitation program for pregnant mothers and children up to 2 years old. Health Start is a support and education based program that offers ASQ-3, safe home, domestic violence, fetal alcohol, and postpartum depression screenings. Health Start serves as a resource for referrals to community agencies, support groups, establishing a medical home, proper nutrition, and birth spacing to ensure better pregnancy outcomes and healthy happy children. Health Start gives incentives to their participants including, but not limited to; diapers, car seats, blankets, clothes, and age appropriate toys. This program is currently only services the Globe/Miami area.

Contact – Jessica Alexander – 928-402-8810 or Paula Horn -928-402-8813

Healthy Steps

Healthy Steps is a home-visitation program provided with grant funding through First Things First. This is a home based visitation program that will provide intensive one-on-one support for families with children 0-3 years old. This is an evidence-based program where families are served by a social worker who will offer them education, support, assistance and referrals based on the individual family needs. The social-worker will focus on topics such as developmental milestones (measured through ASQ screening tools), community referrals, establishing a medical home and parenting skills.

Contact – Paula Horn- 928-402-8813

Injury Prevention

This is a grant funded program that focuses on preventing injuries through the proper and consistent use of car seats in vehicles. Car seat education classes and car seat checks are provided at no charge. When available, car seats are given at no charge. Injury Prevention also provides home safety checks and provides education and incentives such as; outlet covers, toilet latches, door handle covers, oven locks and cabinet/drawer latches to ensure infants and toddlers are in a safe home environment.

Contact – Chuck Turney – 928-402-8868 or Paula Horn – 928-402-8813

Reading Corners

In an effort to encourage a love for reading in children the Gila County Health Department created space in the clinic waiting room dedicated specifically for reading. The “reading nooks” are furnished with a comfortable place for the children and parents to read and the books provided are available for the children to take home and continue their reading journey. This is a collaborative effort between the Health Department and current childhood reading programs.

Home Visitation Coordination

This program is provided through a grant from the Arizona Department of Health Services to collaborate home visiting efforts already in existence to reduce the amount of duplication and to increase the amount of publicity and awareness of these programs existence. Gila County is a wealth of home visitation services and the goal of this program is to uncover those hidden gems and support a networking of agencies to see where the gaps in service actually are. The Home Visitation Coordination Program will be participating in early childhood coalitions throughout the county and will be seeking out and coordinating trainings and support based on the input from those collaborative efforts. There will also be a website StrongFamiliesAZ.com to create a centralized location for flyers, meeting notices, trainings and current information on early childhood topics. The home visitation program will be looking into scholarship opportunities and advocating for advanced early childhood education opportunities in the local areas, so we ensure the staff working with our children are the best of the best.

Contact – Nancy Mach- 928-812-2515 or Paula Horn – 928-402-8820

Immunization Clinic

The goal of the Gila County Health Department’s immunization team is to make sure every kid receives the recommended immunizations before they reach school age. The Gila County Health Department provides these immunizations at no out-of-pocket cost to the families. If the children are privately insured the Gila County Health Department does require parents to supply the insurance information, however, parents are not responsible for co-pays or visit related costs. Kids are served on a walk-in basis and no appointments are needed, however, the times/days of the immunizations vary and it is recommended that you call ahead of time.

Contact – Gila County Health Department - 928-402-8811 (Globe) or 928-474-7180 (Payson)

Neonatal Intensive Care Program - (NICP)

NICP is a home visitation program for children who have been deemed at risk due to a stay in the neonatal intensive care unit after birth. The nurse visits the children and their families in their homes after their hospital release and provides support, assessments, and education specific to the families needs.

Contact – Lorraine Dalrymple -928-402-8807 or Ginnie Scales- 928-402-4328

Child Care Health Consultant Program – (CCHC)

CCHC is a First Things First grant funded position that offers trainings and support to center based and in home daycare centers. The needs of each daycare/center are specific to each one, and so trainings and supports are tailored as such all around health related topics. The daycares/centers served have already made the first step in becoming a Quality First center and this is their opportunity to have a health care professional help fill the gaps in things such as infection control and safety and injury prevention.

Contact – Ginnie Scales- 928-402-4328 (Globe office) or Lucinda Campbell -928-474-7186 (Payson Office)

Women Infants and Children - (WIC)

WIC is a federally funded nutrition supplemental program that provides nutrition education, breastfeeding support, supplemental foods and referrals to health care and other social services. WIC serves pregnant women and children up to 5 years of age. Breastfeeding women receive additional support up to the child's first birthday.

Contact – Gila County WIC- 928-402-4306 (Globe) or 928-474-7181 (Payson)

Breastfeeding Peer Counselor Support – (BFPC)

Research has proven breastfeeding is a vital piece in helping give babies a jump start on a healthy productive future. Based on that research the goal of the BFPC is to provide education, support, and guidance to increase the amount of happily breastfeeding moms in Gila County. BFPC program offers one-on-help from a trained peer counselor, guidance, education, support groups, referrals to professionals, and a 24-hour contact for questions and help.

Contact – Jamie Anderson -928-961-3253

School Health Services

We realize the preschool teachers in our areas have a lot on their hands teaching standards and curriculum so we offer them spot trainings on health related topics. Trained staff offers education and guidance in the classrooms on topics such as oral health and hand washing to the staff and students in the local area. These trainings are done in the classroom and are specific to the needs and requests of the site.

Contact – Nancy Mach-928-812-2515 or Chuck Turney- 928-402-8868

Well Baby Clinic

Once a month, the Gila County Health Department offers a free clinic to children up to 2 years of age. The clinic was designed to promote wellness and help families establish a permanent medical home. Children are seen by appointment and are checked by a Physician for proper growth and development. Immunizations can be provided at this visit. Parents are given the opportunity to ask a physician questions discuss any concerns they may have. Parents are given information and referrals to other agencies if necessary.

Contact – Lorraine Dalrymple 928-402-8807 or Ginnie Scales 928-402-4328

Children's Rehab Services – Genetics, Orthopedic and Cardiac Clinics

Due to the fact that we are a rural community and there are limited specialists available in our area, the Gila County Health Department supports the use of our facility by specialized physicians. Once a month, the Health Department hosts clinics for children to receive orthopedic, cardiac, and genetic care. Specialists in these areas of care travel here and the clients are seen in their area eliminating the need to travel out of town. These clients are seen by appointment and the coordination of care is done through the specialist's office and the primary care physicians.

Contact – Lorraine Dalrymple 928-402-8807 or Ginnie Scales -928-402-4328

The Gila County Health Department understands that everything we do directly or indirectly affects the well-being of the future of our community. In an effort to make certain the children have every opportunity to flourish and grow the Gila County Health Department provides other services that may not have a focus on the target age of 0-5 years but provide children a safer and more nurturing community surrounding.

Other Services provided by Gila County Division of Health that indirectly effect children 0-5 years old –

Preconception Health

This grant serves all women ages 14-44 and provides education and incentives to lay the foundation for healthy pregnancy before women even know they are pregnant. Preconception Health focuses on providing up to date information and education on topics such as folic acid and birth spacing. Preconception health provides, at no charge, a year's worth of folic acid to women in the childbearing years (14-44 yrs) based on the studies showing the need to have adequate folic acid in the woman's body in the first few weeks after conception, usually before women even know they are pregnant.

Contact – Chuck Turney – 928-402-8868 or Paula Horn – 928-402-8813

Teen Outreach Program – (TOP)

TOP is a grant funded program that primarily targets juveniles on probation or involved in the juvenile court system. TOP facilitates evidence-based curricula to promote healthy life decisions, sexual health education, and community involvement. Such programs are; Reducing the Risk, Wyman Teen Outreach, Safe Sitter, parent workshops, and Puberty education. TOP facilitators are involved in the local schools and have a positive presence at local community events.

Contact – Nancy Rutherford - 928-402-4306 or Chris Phillips -928-402-8696

Family Planning Clinic

The family planning clinic is provided monthly at no charge to women who meet certain criteria. Women who meet the financial, age, and child-bearing criteria are seen by a nurse practitioner, given well-women screenings, birth control options, and education. Women are given a pre-screen packet that must be filled out prior to an appointment being made.

Contact – Lorraine Dalrymple -928-402-8807 or Ginnie Scales -928-402-4328

Communicable Diseases – STD and TB testing

Gila County Health Department is required by their licensee to provide communicable disease services. We fulfill this requirement by offering TB and STD testing and education. TB tests are given and read during immunization hours for \$5.00 and follow-up is completed if needed. STD testing is provided at no-charge on a walk-in basis, provided there is a certified tester available. It is recommended that you call ahead of time to make sure testing is available. HIV testing is completed at no charge for individuals who meet the pre-screened risk factors.

Contact – Gila County Health Department -928-402-8811 (Globe) or 928-474-7181 (Payson)

HIV Medical Case Management Services/HIV Prevention

HIV medical case management provides support and education to individuals with HIV and affected family members. Services provided could include things like emergency financial assistance, food boxes, hygiene kits, prescription co-pay assistance and support groups. The medical case manager coordinates medical services and manages referrals for the individual and the members of the family. HIV prevention offers education and condoms and testing to the community as a whole to prevent the spread of the infection.

Contact – Mel Benedetto -928-402-8809

Rabies Control

Gila County Rabies control offers assistance to reduce the risk of animal bites. Rabies Control responds to calls such as animals' at large, animal cruelty and animal bites. When an animal bite occurs the rabies control staff follows through to ensure the victim receives proper treatment and the animal is not infected with the rabies virus.

Contact – John Casteneda -928-402-8873

Environmental Health

The environmental health department of Gila County is instrumental in ensuring the possibility of food related illnesses are kept at bay. The environmental health staff provide restaurant and school inspections to ensure food preparation safety. They provide education and information on topics such as proper food handling and storage and cleanliness of the environment. The Environmental Health Department provides food handlers classes and enforces the code that requires food for sale is prepared by trained individuals. Food Handlers cards can be obtained by taking a test at the Health Department (Monday-Friday 8:00a-4:30p) and paying the \$15 fee when the test is passed. Gila County Environmental Health also supports the enforcement of AZ Prop 201 Smoke-free Arizona

Contact – Lauren Savaglio -928-402-8820

Tobacco Free Environments

Tobacco Free Environments is a support and education based service funded through the Arizona Bureau of Women, Infants, and Children. They provide community and school based prevention education and materials. The Tobacco Free Environments provides cessation referrals to the AZ Smokers Helpline and assists in the promotion of AZ Prop 201 Smoke-Free Arizona. Tobacco Free Environments has staff present in the local schools and facilitates club meetings and activities for the youth in the programs.

Contact – Christine Rocha -928-402-8789 (Globe) or 928-474-1210 (Payson)

Gila County Worksite Wellness

This grant funded program works on the long-term goal of creating a shift in the perception and culture of our community when it comes to health. The focus of the program will be to assist worksites in creating policies that enhance and encourage healthy practices amongst their employees. The worksite wellness coordinator is well versed in current nutrition and healthy activity practices and is a great source of information on health and fitness topics.

Contact – Joshua Beck – 928-200-3923

Emergency Management

Gila County Emergency management directs the flow of the everyday functions of the County Emergency Operations Center. They also coordinate the emergency response efforts for all hazards and events deemed emergencies following the National Incident Management Standards (NIMS). Gila County Emergency Management makes sure all responders to emergencies are currently trained according to NIMS guidelines. Gila County Emergency Management handles the ins and outs of mitigation, response, recovery and preparedness when it comes to emergencies. Emergency Management also manages the 911 rural addressing program that is responsible for Gila County street naming and property numbering activities.

Contact – Debra Williams – 928-402-8763

Public Health Emergency Preparedness

The Public Health Emergency Preparedness project develops plans that maximize the public and private healthcare system response capabilities through partner engagement and information sharing. Its goal is to improve community awareness and response capabilities through public outreach, trainings and Emergency Volunteer program management efforts. The Public Health Emergency Preparedness staff is vital in applying communicable disease and epidemiological investigation protocols and reporting capabilities.

Contact – Leanna Asberry – 928-402-8597

As you can see the Gila County Division of Health and Emergency Services provides a rapidly evolving comprehensive approach to serving children 0-5years of age in our community. We understand that not one program is a quick fix to the ever-changing problems children face, and we will remain flexible in our efforts to make Gila County a healthy, safe and wonderful place to raise children.